

DR SHARON BELMO

DERMATOLOGY

Preparing for you scalp / hair loss consultation

Thank you for booking a hair consultation at Dr Sharon Belmo Dermatology. Please note, Dr Belmo is a consultant dermatologist who specialises in hair loss, particularly Afro-textured hair. This is a medical clinic. Dr Belmo dedicates up to 45 minutes for this appointment to allow time to discuss your hair loss or scalp concerns, examine your scalp and discuss potential diagnosis and management plan.

Your scalp will be examined using a specialised microscope dermatologists use called a dermatoscope. This is called trichoscopy. Dr Belmo may take trichoscopic images of your scalp in order to explain your condition to you and monitor response to treatments. All images will be kept on your medical records.

In order to get the best out of your consultation, and to maximise your allocated time, here are a few tips -

- Try to remember all medical advice or treatments you have previously been given
- If possible, find out about any patterns of hair loss or scalp conditions amongst your family members
- Be prepared to give an account of your hair styling history e.g. previous relaxing, wigs, braids etc.
- Be prepared to give an account of your hair care routine and products used.
- Try not to wash your hair 48 hours before attending your appointment
- If wearing a wig, be prepared to remove this during the consultation
- Avoid attending your appointment with cornrows or braids - this will limit the extent to which Dr Belmo will be able to examine your scalp and provide an accurate opinion

A mirror and private bathroom facilities are provided to enable you to re-style your hair, place your wig or tie any head scarfs or wraps.

In many cases, medications are prescribed for you on the day. Please note - the pharmacy will charge you a private prescription fee. This varies between pharmacies. For those insured, insurance providers do not cover prescription charges.

Occasionally if time allows, treatment procedures may be given on the same day. Please note - there is charge for any surgical or non-surgical procedure. This is separate to the consultation fee.

In some cases, a scalp biopsy is recommended before treatment is initiated. Dr Belmo will discuss this with you in clinic.

Please note, to see Dr Belmo about a skin concern as well, please book a separate appointment or a joint skin and hair appointment. See [website - pricing](#) for more details.

We hope you find this information useful and look forward to assisting you on your hair journey.

Best,

Dr Sharon Belmo Dermatology



www.drsharonbelmo.com